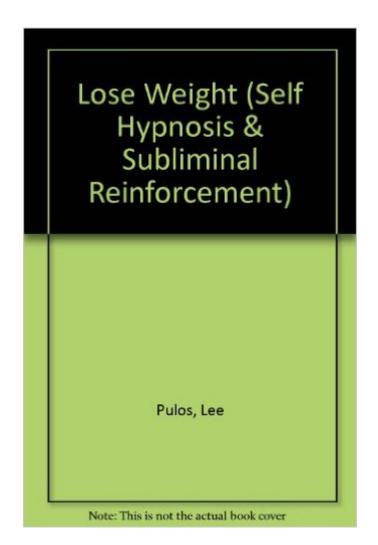
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Lose Weight (Self Hypnosis And Subliminal Reinforcement)





Synopsis

You can reach your goals effortlessly and easily, by utilizing the two most powerful and effective personal motivation and self-improvement tools available. Each method is designed for different applications, and so you have one cassette for the car or office, and one for home. Dr. Lee Pulos, internationally recognized Clinical Psychologist is your personal guide on these professionally created cassettes. Dr. Pulos's programs are the result of many years of successful treatment of habit disorders. He has held teaching appointments at the Universities of Indiana, Wisconsin and British Columbia, and is a member of the American Society of Clinical Hypnosis.

Book Information

Series: Self Hypnosis and Subliminal Reinforcement Audio Cassette Publisher: Great Amer Audio Co (February 1988) Language: English ISBN-10: 1555692257 ISBN-13: 978-1555692254 Product Dimensions: 0.8 x 4.5 x 7.2 inches Shipping Weight: 5.8 ounces Average Customer Review: Be the first to review this item Best Sellers Rank: #6,616,697 in Books (See Top 100 in Books) #76 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Hypnosis for Diets #2714 in Books > Self-Help > Hypnosis #23672 in Books > Health, Fitness & Dieting > Diets & Weight Loss > Other Diets

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